

## ASIAN FAMILY CHARACTERISTICS SCALE

ID:

*The following questions describe your family situation.  
You are required to answer all questions based on what happen in your family.  
Tick (✓) at the relevant column.  
All information given is strictly CONFIDENTIAL.*

		Grading Scale			
		Highly Agree	Agree	Disagree	Highly Disagree
1	We exercise and carry out activities together.				
2	We frequently visit our close relatives whenever we have the time.				
3	We do the house chores together during weekends.				
4	We usually watch movies with family members.				
5	We usually discuss whenever we have family problems.				
6	We smile because there is harmony in our family.				
7	We usually fight over small or trivial matters.				
8	We keep our own problems to ourselves.				
9	We keep our feelings to ourselves.				
10	My parents do not understand me.				
11	It is difficult for me to understand my family.				
12	My family usually controls me.				
13	We express our love through hugging and kissing.				
14	We usually help one another.				
15	We often receive praises for each other.				
16	We are concerned about the problems of each family member.				
17	We respect our elders.				
18	Each family member fulfils his/her responsibilities.				
19	My family members are usually self-centred or selfish.				
20	We solve problems on our own.				
21	Some of our family members are isolated or isolate themselves.				
22	Some of our family members are irresponsible and cause inconvenience to others.				
23	We often raise our voices when discussing.				
24	Some of our family members retaliate when they are being reminded by other family member.				
25	We are taught to be truthful and punctual at all times.				
26	We often engage ourselves in spiritual activities.				
27	We celebrate festive seasons (Hari Raya, Deepavali, Chinese New Year, etc) together.				
28	We often discuss religious matters together.				
29	We are taught to respect other religious and cultural belief.				
30	We always keep things tidy and organized.				